

# Vegan Menu

## Starters and Light Bites

Homemade Soup  
Served with toasted ciabatta bread  
£4.50

Homemade Garlic Bread  
£4.50

Spicy Cauliflower Wings  
Served with vegan mayo  
£6

## Mains

Vegan 'Feta' Sandwich  
Served with beef tomato and pesto on a toasted ciabatta bread  
with fries and vegan mayo  
£8

Homemade Sweet Potato, Squash & Spinach Curry  
Served with steamed rice and fries  
£12

Vegan 'Feta' Salad  
Served on a bed of mixed leaf lettuce, beetroot, crisp potato  
and walnuts with a fig, pear and balsamic dressing  
£12

Vegan Deluxe Burger  
Red pepper, beetroot and quinoa burger on a brioche style bun, with sweet potato fries,  
homemade vegan slaw and vegan mayo  
£12

## Kid's Meal

Plant-Based Sausages  
Served with fries or smiley faces, and beans or peas  
£6.50

## Desserts

Chocolate Fudge Cake  
Served with vegan vanilla ice cream  
£5

Bowl of Vegan Vanilla Ice Cream  
£3

# Gluten Free Menu

## Starters and Light Bites

GF Battered Halloumi Fries  
Served with sweet chilli sauce  
£7

Homemade Soup  
Served with GF bread  
£4.50

Homemade Garlic Bread  
Served on GF bread  
£4.50

Spicy Buffalo Wings  
Served with blue cheese sauce  
8 wings £7 | 16 wings £10

## Sandwiches

All Sandwiches can be GF by simply swapping to GF bread!! (See main menu)

## Mains

Pan Seared Sea Bass  
Served with stir fried vegetables and potatoes with a  
homemade lemon & caper butter  
£14.50

Warm Goats Cheese Salad  
Served on a bed of mixed leaf lettuce, beetroot, crisp  
potato and walnuts with a fig, pear and balsamic  
dressing  
£12

Homemade Sweet Potato,  
Squash & Spinach Curry  
Served with steamed rice and fries  
£12

GF Battered Haddock  
Served with thick cut chips, homemade mushy peas  
and tartar sauce  
£14

## Burgers

Cajun Chicken Burger  
Served on a GF bun with Cajun  
spiced fries, homemade coleslaw  
and mayo  
£13

Bowler Classic Burger  
6oz pure beef burger, smoked  
bacon and melted cheddar cheese  
on a GF bun with fries,  
homemade coleslaw and sweet  
chilli sauce  
£13

GF Battered Halloumi Burger  
On a GF bun with fries,  
homemade coleslaw and sweet  
chilli sauce  
£12

## Kid's Meals

Fish Fingers or Plant-Based Sausages  
Served with fries or smiley faces and peas or beans  
£6.50

## Desserts

Sticky Toffee Pudding  
Served with vanilla ice cream or custard  
£6

Ice Cream Bowl  
Vanilla | Chocolate | Strawberry | Vegan Vanilla  
1 scoop £2 | 3 scoops £3