



BOWLING GREEN CHORLTON

Food - Drink - Accommodation

# VEGAN MENU

## STARTERS

<b>HOMEMADE SOUP OF THE DAY (GF)</b> Served with toasted ciabatta bread.	£4	<b>BUCKET OF SWEET POTATO FRIES (GF)</b> Served with vegan mayo.	£4
<b>BUCKET OF CUMIN SPICED FALAFEL</b> Served with sweet chilli sauce.	£5	<b>HOMEMADE GARLIC CIABATTA</b> Our own garlic infused dairy free butter.	£4

## SANDWICHES

<b>ROSEMARY &amp; RED ONION SAUSAGE BAP</b> Served with crisp roast potatoes and a jug of veggie gravy.	£6	<b>CUMIN SPICED FALAFEL SANDWICH</b> Served with salad, fries & vegan mayo.	£7
--	----	--	----

## HOMEMADE MAIN MEALS

<b>HOMEMADE MUSHROOM &amp; LENTIL SHEPHERD'S PIE</b> Topped with dairy free mash and served with fresh veg and gravy.	£11	<b>SWEET POTATO CURRY (GF)</b> Homemade sweet potato, chickpea and spinach Curry. Served with steamed basmati rice.	£11
<b>VEGAN DELUXE BURGER</b> Beetroot, red pepper and quinoa burger served on a toasted brioche style bun and served with sweet potato fries, homemade vegan slaw and vegan mayo.	£12	<b>ROSEMARY &amp; RED ONION SAUSAGE ROAST (GF)</b> Served with dairy free mash, crisp roast potatoes, seasonal veg and gravy. Regular: £11   Large: £13	

## KIDS MEALS

<b>VEGGIE NUGGETS OR ROSEMARY &amp; RED ONION SAUSAGES</b> Served with smiley faces, fries or sweet potato fries and beans or peas.	£6	<b>ROSEMARY &amp; RED ONION SAUSAGE ROAST</b> Served with dairy free mash, roast potato, carrots, peas and gravy.	£7
--	----	--	----

All Kids meals come with a fruit shoot or capri sun and a dairy free vanilla ice cream. Under 15s only.

## DESSERTS

<b>WARM APPLE PIE</b> Served with dairy free vanilla ice cream.	£6	<b>DAIRY FREE ICE CREAM</b> Dairy free vanilla ice cream Served with strawberry sauce.	£3
--	----	---	----

Please order at the bar. If you have any allergies, please inform a member of staff.



BOWLING GREEN CHORLTON

Food - Drink - Accommodation

# GLUTEN FREE MENU

## STARTERS

<b>HOMEMADE SOUP OF THE DAY</b> Served with toasted GF bread & butter.	£4	<b>SPICY BUFFALO CHICKEN WINGS</b> Served with cool blue cheese sauce.	£6
<b>BUCKET OF SWEET POTATO FRIES</b>	£4	<b>HOMEMADE GF GARLIC BREAD</b>	£4

## SANDWICHES

<b>STEAK, FRIED ONION AND CHEESE</b> Served with fries.	£8.75	All served on gluten free bread.	
<b>CARVERY SANDWICH OF THE DAY</b> Served with roasties and gravy.	£6.50	<b>CAJUN CHICKEN STRIPS &amp; CAJUN MAYO</b> Served with salad and fries.	£8.75

## HOMEMADE MAIN MEALS

<b>HOMEMADE MUSHROOM &amp; LENTIL SHEPHERD'S PIE</b> Served with fresh veg and gravy.	£11	<b>BEER BATTERED HADDOCK</b> Homemade gluten free batter and served with thick cut chips, mushy peas and tartar sauce.	£13
<b>LAMB &amp; SPINACH CURRY</b> Homemade lamb and spinach curry slow cooked and served with basmati rice.	£12.5	<b>SWEET POTATO CURRY</b> Homemade sweet potato, chickpea and spinach Curry. Served with basmati rice.	£11
<b>THE BOWLER CLASSIC</b> 'Frost's' 6oz pure beef burger, crispy bacon and melted cheddar cheese, served on a toasted gluten free bun, with homemade slaw, burger sauce and fries.	£11	<b>CAJUN SUPREME BURGER</b> Cajun marinated chicken breast served on a toasted gluten free bun, with homemade slaw, cajun spiced mayo and cajun spiced fries.	£12
<b>ROSEMARY &amp; RED ONION SAUSAGE ROAST</b> Served with dairy free mash, crisp roast potatoes, seasonal veg and gravy. Regular: £11   Large: £13		<b>OUR FAMOUS ROAST DINNER</b> See board for today's meat selection. Served with creamy mash, crispy roast potatoes, seasonal veg. Regular: £11.5   Large: £13.5	

## KIDS MEALS

<b>FISH FINGERS OR ROSEMARY &amp; RED ONION SAUSAGES</b> Served with smiley faces, fries, or sweet potato fries and beans or peas.	£6
---	----

All Kids meals come with a fruit shoot or capri sun and a vanilla ice cream or Kinder egg. Under 15s only.

## DESSERTS

<b>STICKY TOFFEE PUDDING</b> Served with GF vanilla ice cream.	£6.5	<b>ICE CREAM</b> Choice of gluten free ice cream Served with strawberry sauce.	£3
---	------	---	----

Please order at the bar. If you have any allergies, please inform a member of staff.